

# communityevents

## OCTOBER 2017

The Westport Weston Health District will be closed Monday, October 9 in observance of Columbus Day.

### HEALTH DISTRICT 2017 FLU CLINIC SCHEDULE

Monday, October 16th	Westport Weston Health District 180 Bayberry Lane, Westport	4:30 PM – 7:00 PM
Tuesday, October 24th	Westport Weston Health District 180 Bayberry Lane, Westport	11:00 AM – 1:00PM
Thursday, October 26th	Westport Center for Senior Activities 23 Imperial Avenue, Westport	5:30 PM - 8:00 PM
Wednesday, November 1st	Westport Weston Health District 180 Bayberry Lane, Westport	2:00 PM – 4:00 PM
Tuesday, November 14th	Weston Library 56 Norfield Road, Weston	9:30AM – 11:30 AM

The above clinics are open to anyone 6 months of age or older wishing to be vaccinated and appointments are available on line. To schedule an appointment, go to [www.wwhd.org](http://www.wwhd.org). or call (203) 227-9571. Walk-ins are available. Quadrivalent injectable flu and trivalent high-dose injectable flu vaccine will be available. All flu vaccines offered are preservative free.

The cost of injectable vaccine is \$45 and high-dose is \$70 cash. We only accept Medicare Part B, Aetna, Cigna, and Connecticare insurances. **Participants must bring their insurance cards to the clinic for billing purposes.**

**REMEMBER:**

- Wear clothing with loose sleeves or short sleeves.
- Check with your doctor if you have a severe egg, chicken, or thimerosal allergy, may be pregnant, are ill with fever, or have/had Guillain-Barre Syndrome.
- No one will be refused vaccination due to inability to pay.
- The flu vaccine takes up to two weeks to be fully effective.
- It is never too late to receive the flu shot, flu season typically peaks in January or later.

### CHOLESTEROL AND BLOOD PRESSURE SCREENING

Westport Weston Health District  
180 Bayberry Lane  
Westport

Screenings include total, LDL, and HDL cholesterol levels, blood sugar, triglyceride levels and blood pressure. With this information, licensed health professionals will help you develop a personal action plan to make heart healthy choices. Fasting is required. The cost for the screening is \$25, cash, check, Mastercard or Visa. Call Monica Wheeler, RN, at 227-9571, ext. 242, for an appointment.

### THE WESTPORT WESTON WILTON MEDICAL RESERVE CORPS

Westport Weston Wilton



The Westport Weston Health District is seeking motivated volunteers to join its Medical Reserve Corps (MRC). The MRC is a specialized component of the Citizens Corps, and part of a national network of volunteers dedicated to assisting hometown emergency preparedness and response efforts. The MRC stands ready to respond with our community's local officials to public health emergencies (and non-emergencies as well). MRC members receive free training and learn to better prepare themselves and their families for emergency situations. For more information about the MRC see our web site ([www.wwhd.org](http://www.wwhd.org)).

## CLINICS

The following clinics are held at the Health District, 180 Bayberry Lane, Westport

#### HIV/AIDS COUNSELING AND TESTING CLINIC

**By Appointment Only**

Open to all regardless of age or residence. Anonymous or confidential HIV, STD (chlamydia and gonorrhea) and Hepatitis C testing available. This clinic is free, but a \$10 donation is suggested. Call Loren Pace, RN, at 227-9571, ext. 231, to schedule an appointment.

#### WELLNESS CLINIC FOR ADULTS & CHILDREN

**Monday, 9-10:30 am Walk-In Clinic**

This walk-in clinic offers blood sugar and free blood pressure screening, monitoring, and counseling. TB testing is available for a small charge. **No immunizations will be given during this clinic.**

#### IMMUNIZATION CLINIC

**By Appointment Only**

Routine immunizations and boosters are available for adults and children. Fees payable by cash, personal check, or Mastercard/Visa. Call Loren Pace, RN, at the Health District at 227-9571, ext. 231, to schedule an appointment.

#### TRAVELERS CLINIC

**By Appointment with the Clinic Physician**

Travelers meet with a WWHD physician to review travel itinerary and receive recommended immunizations and prescriptions. Bring records of previous immunizations. Fees payable by cash, personal check or Visa/Mastercard. Call Melissa Romano at 227-9571, ext. 224, to schedule an appointment.



Westport Weston Health District

For more information visit [www.wwhd.org](http://www.wwhd.org)

Westport Weston Health District • 180 Bayberry Lane • Westport, CT 06880-2855

Your Public Health Services