

communityevents

NOVEMBER 2017

The Westport Weston Health District will be closed Friday, November 10 for Veterans Day and Thursday and Friday November 23-24 for Thanksgiving.

FLU SEASON IS HERE

Have you been putting off getting your flu vaccination because you think the weather has been too warm for flu season? Think again! As of October 21st, there were 39 cases of influenza reported in the state so far this season and 22 of those cases were here in Fairfield County.

The WWHD encourages residents to get vaccinated...it's definitely not too early, but it is also not too late either! It is expected that the flu season will be with us now and possibly until April or May of 2018. The Health District continues to offer flu vaccination and you may visit us in November at the following clinics on:

Wednesday, November 9th **Westport Weston Family YMCA** **10:00 AM – 12:30 PM**
14 Allen Raymond Lane, Westport

Tuesday, November 14th **Weston Library** **9:30AM – 11:30 AM**
56 Norfield Road, Weston

Quadrivalent flu and Trivalent high-dose flu vaccine will be available; all flu vaccines offered are preservative free. This year, the types of flu vaccines are for persons 6 months and older, and high dose vaccine for persons 65 years and older. High dose vaccine has been shown to improve the production of antibodies, thus providing a stronger immune response against the flu.

The cost for seasonal vaccine is \$45 and high-dose is \$70 cash. We only accept Medicare Part B, Aetna, Cigna, and Connecticare insurances. **Participants must bring their insurance cards to the clinic for billing purposes.**

Visit us at www.wwhd.org to schedule your appointment at a clinic or call 203 227 – 9571 for an alternate time if needed.

CHOLESTEROL AND BLOOD PRESSURE SCREENING

Westport Weston
Health District
180 Bayberry Lane
Westport

Screenings include total, LDL, and HDL cholesterol levels, blood sugar, triglyceride levels and blood pressure. With this information, licensed health professionals will help you develop a personal action plan to make heart healthy choices. Fasting is required. The cost for the screening is \$25, cash, check, Mastercard or Visa. Call Monica Wheeler, RN, at 227-9571, ext. 242, for an appointment.

THE WESTPORT WESTON WILTON MEDICAL RESERVE CORPS

Westport Weston Wilton



The Westport Weston Health District is seeking motivated volunteers to join its Medical Reserve Corps (MRC). The MRC is a specialized component of the Citizens Corps, and part of a national network of volunteers dedicated to assisting hometown emergency preparedness and response efforts. The MRC stands ready to respond with our community's local officials to public health emergencies (and non-emergencies as well). MRC members receive free training and learn to better prepare themselves and their families for emergency situations. For more information about the MRC see our web site (www.wwhd.org).

CLINICS

The following clinics are held at the Health District,
180 Bayberry Lane, Westport

HIV/AIDS COUNSELING AND TESTING CLINIC

By Appointment Only

Open to all regardless of age or residence. Anonymous

IMMUNIZATION CLINIC

By Appointment Only

Routine immunizations and boosters are available for adults and children. Fees payable by cash, personal check, or Mastercard/Visa. Call Loren Pace, RN, at the Health District 203-227-9571 ext. 201 for details.